
























# The Peak Academy Menu 2021

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	Option 1	Macaroni Cheese	Pork Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken Tikka Curry with 50/50 Rice  	Chicken Goujon Wraps
	Option 2	Soya Spaghetti Bolognese 	Vegetarian Sausages, Mashed Potato and Gravy 	Vegetable Wellington with Roast Potatoes and Gravy 	Lentil and Sweet Potato Curry with 50/50 Rice  	Spicy Bean Burger 
	Vegetables	Sweetcorn Peppers	Cauliflower Cabbage	Swede and Carrot Mash	Broccoli Carrots	
	Dessert	Marble Sponge with Custard	Pineapple Cake	Fresh Fruit or Yoghurt	Grapes, Cheese and Crackers	Chocolate Cocoa Cookie 
Or a choice of Yoghurt & Fresh Fruit available daily						
<b>Week Two</b>	Option 1	Sausage Roll with Wedges	Mexican Beef Chilli with 50/50 Rice  	Roast Pork, Roast Potatoes and Gravy	Chicken and Red Pepper Pizza with Wedges 	Beef Burger
	Option 2	Tomato and Vegetable Pasta 	Vegetable Hotpot 	Quorn Roast Fillet with Roast Potatoes and Gravy	Chickpea Curry with 50/50 Rice  	Chicken Burger
	Vegetables	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Tomatoes	Vegetarian Burger
	Dessert	Oaty Apple Crumble and Custard 	Chocolate Cake with Chocolate Drizzle	Fresh Fruit or Yoghurt	Pear and Ginger Slice	Orange and Lemon Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily						
<b>Week Three</b>	Option 1	Cheese and Tomato French Bread Pizza 	Chicken and Sweetcorn Pie, New Potatoes and Gravy	Roast Gammon, Roast Potatoes and Gravy	Cottage Pie with Gravy 	Margarita Pizza
	Option 2	Jacket Potato with BBQ Beans 	Five Bean Chilli with 50/50 Rice  	Potato and Courgette Stack with Roast Potatoes	Broccoli and Cheese Pasta Bake	BBQ Chicken Pizza 
	Vegetables	Coleslaw Mixed Salad	Sweetcorn Broccoli	Peas Cauliflower	Green Beans Carrots	Pepperoni Pizza
	Dessert	Peach Cobblers with Cream	Banana Sponge and Custard	Fresh Fruit or Yoghurt	Chocolate and Mandarin Brownie	Oaty Cookie  
Or a choice of Yoghurt & Fresh Fruit available daily						

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Choice of Hot Filled Panini

**ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.